

Resource Directory Kaua'i County



Vaccines are safe, free, & will protect you & your 'ohana!

Access to Health Services

Telehealth is a great option to safely continue with treatments & appointments. For more information, contact your insurance or the [Pacific Basin Telehealth Resource Center](#) ☎(808) 956-2514.

If you are uninsured, contact Med-QUEST for coverage. You may be eligible now! To apply, call ☎1(800) 316-8005 or visit <https://medical.mybenefits.hawaii.gov2>

More affordable health care services for low-income families:

- [Ho'ola Lahui Hawai'i](#). ☎(808) 240-0100
- [Mālama Pono Health Services](#) (MPHS) reproductive health & case management. ☎(808) 246-9577
- [HMSA's Online Care](#): affordable telehealth for anyone 18+ years in Hawai'i.
- The [Department of Education](#) (DOE): no-cost telehealth appointments. ☎(844) 436-3888
- [Project Vision](#): no-cost screening & reading glasses. ☎(808) 201-3937
- [BCCCP](#): Mammograms & cervical cancer screenings. ☎(808) 245-7767

Language assistance may be available at:

- [Helping Hands](#) ☎(808) 526-9724
- [KDHO Bilingual Health Access](#) ☎(808) 241-3421
- [We are Oceania](#) (WAO) for communities from Micronesia, Marshall Islands, & Palau, **COVID-19 helpline** ☎(808) 913-1364

COVID-19 Vaccines

Vaccines are safe & effective at preventing COVID-19 disease, especially severe illness & death. In Kaua'i, vaccines are widely accessible & are available for everyone at no cost. To receive your vaccine, visit

- Wilcox Medical Center, Lihue: WilcoxHealth.org/Vaccine
- Kaua'i Veterans Memorial Hospital (KVMH), Waimea: kauai.hhsc.org/
- Samuel Mahelona Memorial Hospital, Kapa'a: kauai.hhsc.org/
- Ho'ola Lāhui Hawai'i, ☎(808) 938-0938
- [Kaiser Permanente](#), Lihue ☎(808) 246-5600
- Pharmacies:
 - CVS & Longs: www.cvs.com/immunizations
 - Lihue Pharmacies: ☎(808) 246-9100
 - Safeway Pharmacy: www.safeway.com/pharmacy/covid-19.html
 - Walmart: www.walmart.com/COVIDvaccine

Search additional vaccination locations at kauai.gov/vaccine or call the Kaua'i District Health Office (KDHO) at ☎(808)241-3495

**Photo by KDHO: Community member receiving their first COVID-19 vaccine at the Kaua'i War Memorial in Lihue, December 2020.*

HEALTHY FAMILIES: SUPPORT PROGRAMS

If you or a loved one is experiencing emotional or mental health distress, please call the Kū Makani line at ☎ 1(800) 753-6879 for free & anonymous crisis counseling. Multilingual services available.

- Child & adolescent mental health [services](#) at the [Kaua'i Family Guidance Center](#), ☎ (808) 274-3883
- Adult mental health & case management, ☎ (808) 643-2643
- Catholic Charities Hawaii Counseling Center ☎ (808) 520-7721
- [Suicide Prevention Resource Center](#): ☎ 1(800) 273-8255.
 - 24/7, confidential support for people in distress & resources for everyone.
 - Options for Deaf & Hard of Hearing available.
- Support for sexual & gender minorities:
 - LGBTQ++ tools & information at the [Sexual & Gender Minorities \(SGM\) Resource Hub](#).
 - [Mālama Pono Health Services](#): counseling & hormone replacement therapy, & PrEP management. ☎ (808) 246-9577
 - The [YWCA](#) offers LGBTQ support & information. ☎ (808) 245-5959 x256 or email matthew@ywcakauai.org

Assistance during crisis

- [YWCA](#): Case management & crisis intervention ☎ (808) 245-6362 / 4144
- [Women in Need](#) (WIN): support for women & children with a history of domestic violence, substance abuse, or incarceration. ☎ (808) 245-1996
- [Child Abuse or Neglect Reporting Hotline](#): to report a suspect case or for information, ☎ (808) 832-5300 or 1(888) 380-3088
- Virtual Family Assistance at www.redcross.org/VFAC or ☎ 1(833) 492-0094 (toll-free)

Support for Children, Youth, & Parents

- [The Parent Line](#): free & confidential support on kids' behavior. ☎ 1(800) 816-1222
- [Healthy mothers, healthy babies](#) virtual new-parent support & telehealth lactation services. ☎ (808) 737-5805
- [Family Hui Hawai'i](#): Peer-led parenting group. Visit their [FB page](#) or ☎ (808) 230-7112
- [Queen Liliuokalani Trust](#): Social services for Native Hawaiian families. Visit onipaa.org/ or call ☎ (808) 466-8080
- The [Easter Seals Kaua'i](#)'s Early Intervention program ☎ (808) 245-7141
- [The Boys & Girls Club of Kaua'i](#): Contact each Club House for information on their after-school programs.
 - Kapa'a ☎ (808) 821-4406
 - Līhu'e ☎ (808) 245-2210
 - West Kaua'i ☎ (808) 320-8353
- [Hale 'Ōpio](#): Live & virtual programs, support for youth & families. ☎ (808) 245-2873
- [Keiki to Career](#): Information for parents & children. Visit their [Facebook page](#) or ☎ (808) 632-2005

Childcare

For help accessing affordable childcare, contact:

- [PATCH](#) (People Attentive to Children) at mkelley@patch-hi.org or ☎ (808) 246-0622
- [INPEACE](#) (Institute for Native Pacific Education & Culture Help) ☎ (808) 245-0045 or at laciec@inpeace.org
- [Child Care Connection Hawai'i](#) offers assistance for income eligible families. ☎ (808) 245-2193

FOOD ACCESS

Food resources are available to ANYONE experiencing food insecurity. **Please contact the provider & check for eligibility before visiting any center.**

- [Hawai'i Food Bank-Kaua'i Branch](#)
☎ (808) 482-2224
- [Kaua'i Independent Food Bank](#)
☎ (808) 246-3809
- [Mālama Kaua'i](#) ☎ (808) 828-0685 x23
 - Accessible CSA Produce Bags
 - Food access programs
- Other Kūpuna & houseless meals programs:
 - [Nourish Kaua'i](#) ☎ (808) 635-3722
 - [Kaua'i Economic Opportunity](#)
☎ (808) 245-4077
 - The [Agency of Elderly Affairs](#) (AEA) provides assistance to seniors.
☎ (808) 241-4470
 - [Our Kūpuna](#) ☎ (808) 400-4506
 - Kumano I Ke Ala, Waimea
kumanoikeala@gmail.com
☎ (808) 346-5348
- [The Kaua'i Humane Society](#) may offer assistance with food for pets.
☎ (808) 632-0610

Supplemental Resources

- [Supplemental Nutrition Assistance Program](#), SNAP ☎ (808) 274-3371
- [Supplemental Nutrition for Women Infants, & Children](#), (WIC) ☎ (808) 241-3080
- Public Assistance ☎ (855) 643-1643

After receiving the SNAP card, sign up for the [Da Bux Card](#) for 50% discount on qualifying local fresh produce.
☎ (808) 437-3044

Pantries & Meals

North

- St. William Church, Hanalei
☎ (808) 346-2850
- Church of the Pacific, Princeville
☎ (808) 826-6481
- North Shore Food Pantry, Kīlauea.
☎ (970) 618-8889

East

- Anahola Beach Park ☎ (808) 826-6481
- U-Turn for Christ, Anahola
☎ (808) 778-4751
- Hale Ho'omalū, Kapa'a ☎ (808) 821-2520
- Kapa'a Missionary Church
☎ (808) 822-5594
- St. Catherine's, Kapa'a ☎ (808) 635-3722

Central

- Kings Chapel, Hanamā'ulu
☎ (808) 335-6845
- KEO, Līhu'e ☎ (808) 245-4077
- Līhu'e Salvation Army ☎ (808) 245-2571
- QLIC's Kīpuka Kaua'i, Līhu'e
☎ (808) 245-1873
- Calvary Chapel, Līhu'e ☎ (808) 245-9613
- St. Michaels & All Angels Episcopal Church, Līhu'e ☎ (808) 245-3796

South

- St Raphael Church, Kōloa ☎ (808) 742-1955
- Salvation Army, Kōloa ☎ (808) 335-5441
- Holy Cross/Sacred Heart, Kalāheo
☎ (808) 332-8011

West

- 'Ele'ele Baptist Church ☎ (808) 332-5906
- Hanapēpē Salvation Army ☎ (808) 335-5441
- Nana's House, Waimea ☎ (808) 338-0252
- Westside Christian Center AOG, Kekaha
☎ (808) 643-7040

For an updated list, ☎ (808) 828-0685 x23 or visit www.malamakauai.org

HOUSING AND UTILITY ASSISTANCE

The American Rescue Plan allocated more than \$200 million in rent, utility, & mortgage assistance programs. Call ☎211 for information about current programs.

Assistance is available to Kaua'i residents who were financially affected by the pandemic & have fallen behind on their rent, mortgage, electric, water, sewer and gas bills.

- To check eligibility for moratorium or forbearance, call:
 - [HUD approved housing counselor](#)
☎(800) 569-4287
 - [Legal Aid Society of Hawai'i](#)
☎1(800) 499-4302.
Senior's line ☎(808) 536-0011
- The Department of Hawaiian Home Lands (DHHL) offers Emergency Rental Assistance Program & Direct Loan Payments. Visit dhhl.hawaii.gov/covid-19/ or ☎(808) 620-9500 to speak with a DHHL officer.
- Other programs, contact the County Housing Agency ☎(808) 241-4444
- The Office of Hawaiian Affairs (OHA) offers [Emergency Assistance](#) for Native Hawaiians. ☎(808) 784-4464 or visit www.hawaiiancouncil.org/kahiau
- [Women in Need](#) provides transitional housing opportunities. ☎(808) 245-1996
- [Catholic Charities Hawai'i](#) helps with costs such as rent or utilities, & other services for houseless families. ☎(808) 241-4673
- [Temporary Assistance for Needy Families](#) (TANF): ☎1(855) 643-1643
- Hawaiian Electric and Aloha United Way launch Hawai'i Utility Bill Assistance Program. Visit www.AUW.org/utilityhelp or ☎211 for more.

Other key resources

- Resources for Hawai'i during the pandemic, Senator Brian Schatz www.schatz.senate.gov/coronavirus
- Crowdsourced Hawai'i COVID-19 Resources www.resilienthawaii.org/
- Hawai'i Children Action Network Interactive Map for Hawai'i COVID-19 Resources covid19.hawaii-can.org/
- Hawai'i State Department of Health. COVID-19 information hawaiicovid19.com/
- Kaua'i Emergency Management Agency (KEMA) www.kauai.gov/COVID-19
- FEMA's is offering financial COVID-19 Funeral Assistance. Visit, www.FEMA.gov/funeral-assistance/faq or ☎(844) 684-6333 or (TTY) 800-462-7585
- Legal Aid Society of Hawai'i ☎1(800) 499-4302.
 - COVID-19 Legal Help & Resources www.legalaidhawaii.org/covid-19-legal-help--resources.html. Legal resources also available in various languages.
- [Child and Family Services](#) offers support to all families including keiki, parents, kupuna, immigrants, & houseless.
 - Nana's House ☎(808) 338-0252
 - Hale Ho'omalulu ☎(808) 821.2520

Stay tuned for more details from County & State officials.



Scan here for the online version

Call ☎211 - [Aloha United Way \(AUW\)](#) for more information on assistance & resources.

This document was updated on 7/1/2021. Services available continue to change. For the most up-to-date information, please check with each provider or visit www.kauai.gov/covid-19. To request changes, please email KauaiHealthPromotion@gmail.com. If you need an auxiliary aid/service or other accommodation due to a disability, please contact 808-241-3495 in advance. Requests made as early as possible will allow adequate time to fulfill request. Upon request, this notice is available in alternate formats such as large print, Braille, or electronic copy.